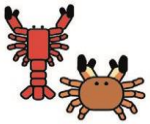
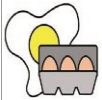
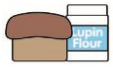
Fredericks Ala Cart Menu Restaurant
DISHES AND THEIR ALLERGEN CONTENT

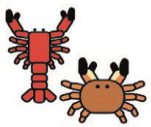
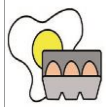
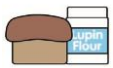
														
Starters	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Soup		**YES**					**YES**			May		May		**YES**
Chicken Parfait No bread				**YES**			**YES**							
Goat cheese salad	May	**YES**					**YES**		**YES**	**YES**		May	May	**YES**
Scallops									May	**YES**		May	**YES**	**YES**
Prawns		**YES**	**YES**	**YES**			**YES**		**YES**	May		May		
Fish cakes		**YES**		**YES**	**YES**		**YES**		**YES**	**YES**		**YES**	May	
Seabass			**YES**		**YES**		**YES**			**YES**				
Wagyu Burger		**YES**		**YES**			**YES**		**YES**	May	May	May	**YES**	

Review date: 10/9/2026

Reviewed by: C.K

Fredericks Ala Cart Menu Restaurant

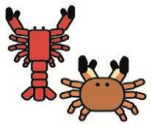
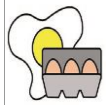
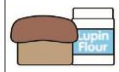
DISHES AND THEIR ALLERGEN CONTENT

														
Mains	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Truffle Chicken		May					YES							
Cottage pie							YES		May		May			May
Ramp														
Caffee Paris sauces				YES	YES		YES		YES	YES			YES	
Lamb Shank	May			May			YES		May				May	
Cauliflower steak							May			YES	May	YES	YES	
Chicken Curry No Nan		May		May			YES		May	May	May	May	May	
Half Chicken				YES					YES	May	May	May	YES	

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Fredericks Ala Cart Menu Restaurant
DISHES AND THEIR ALLERGEN CONTENT

														
From The Grill	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Mexican Chicken burger		**YES**		**YES**			**YES**						**YES**	
Chips														
Cream and spinach mushroom							**YES**							
Sauté greens							**YES**			**YES**				
Garlic bread	**May**	**YES**					**YES**			**May**		**May**		
Cheesy Garlic bread	**May**	**YES**					**YES**			**May**		**May**		

Review date: 10/9/2026

Reviewed by: C.K