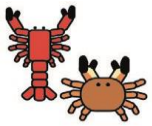
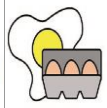
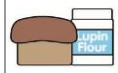
Breakfast Menu

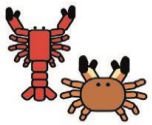
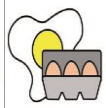
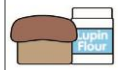
DISHES AND THEIR ALLERGEN CONTENT

Breakfast Menu														
	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Toast		**Yes**					**Yes**						**May**	
Sourdough Croissant		**Yes**		**Yes**			**Yes**			**May**		**May**	**May**	
English Breakfast		**Yes**		**Yes**			**Yes**			**May**		**May**	**May**	**Yes**
Eggs Royale		**Yes**		**Yes**			**Yes**			**May**			**May**	
Vegan Breakfast		**Yes**								**May**		**May**	**Yes**	**Yes**
Eggs Bene		**Yes**		**Yes**			**Yes**			**May**		**May**	**May**	
Eggs on sourdough		**Yes**		**Yes**			**Yes**			**May**		**May**	**May**	
Pancake		**Yes**		**Yes**			**Yes**				**Yes**			
Granola		**Yes**					**Yes**			**Yes**	**Yes**	**Yes**		
Baps		**Yes**					**Yes**				**May**			
Musli		**Yes**					**Yes**							**Yes**
Machynys Brek		**Yes**		**Yes**			**Yes**			**Yes**		**May**	**May**	
Hashbrown		**May**												

Review date: 10/9/2026

Reviewed by: C.K

Breakfast Menu

Breakfast Menu														
	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Susages pork and leek		**Yes**												
Glamorgan sausages		**Yes**					**Yes**		**Yes**					
Vegan sausages		**Yes**												
Bap or bread roll		**Yes**										**May**		
Peanut											**Yes**			

Review date: 10/9/2026

Reviewed by: C.K