



Fredricks  
AT MACHYNYS

A LA CARTE MENU

# A La Carte Menu

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## Starters

**Homemade Soup** (Ve/Vg)  
with Sourdough Bread

### Moules

Simmered with a choice of Homemade White Wine Base, or Garlic Cream Sauce. Served with Sourdough Bread

### Baked Goats Cheese Salad

 (Ve)

Mixed Lettuce, Quinoa, Cherry Tomatoes in a Machynys Honey Dressing, with Dried Apricots and Walnut Halves

### Crispy Halloumi Fritters

 (Ve)

Deep Fried, coated in Panko Breadcrumbs, served with a Jam Sauce

### Hummus

 (Vg)

Served with Hot Potatoes Lebanese Style, Small Spicy Potatoes with a mixture of Crushed Spices and Lemon Juice

### Fredricks Duck Salad

Aromatic Crispy Duck, Julienne Carrots, Cabbage and Berries combined with a Glazed Soya Ginger Sauce

### King Prawns

Simmered with a choice of Homemade White Wine Base, or Garlic Cream Sauce. Served with Sourdough Bread

## Mains

### Sea Bass

Saffron Cream Sauce of Capers, Shrimps and Parsley served with Crushed Spicy Potatoes and Sautéed Vegetables

### Lamb Biryani

Slow-cooked Welsh Lamb Shank with Aromatic Rice served with Yoghurt

### Grilled Chicken

Served with Confit Portobello Mushroom, Cherry Vine Tomatoes, Side Salad and Chipotle Mayonnaise

### Wagyu Beef Burger

Scottish Wagyu Beef topped with Mature Cheese and Caramelised Mushrooms served with Truffle Arancini and Smokey Honey Sauce

### Moroccan Tagine

 (Vg/Ve)

Courgette, Aubergine, Pumpkin, Tomatoes and Pumpkin Seeds topped with Caramelised Onions served with Cous-cous

### Braised Beef Brisket

Served with Creamy Mashed Potatoes, Sautéed Seasonal Vegetables and Jus

### 10oz Sirloin Steak

Served with Confit Portobello Mushroom, Cherry Vine Tomatoes and Side Salad

### Vegetable Biryani

 (Vg/Ve)

Traditional Biryani Spices in Aromatic Rice served with Sautéed Vegetables and Yoghurt

## Sides

**Hand Cut Chips** (Vg) £4.45

**Sweet Potato, Truffle & Parmesan  
or Cheddar Chips** (Ve/Vg) £5.45

**Sauteed Greens with Pine Nuts** (Ve/Vg) £4.45

**Seasonal Mixed Salad** (Vg) £3.75

**Garlic Bread** (Ve) £3.75

**Hot Garlic Potatoes** (Vg) £4.45

**Red Wine or Peppercorn Sauce** £2.50

## Desserts

**Nutty Dark Chocolate Brownie**  
with Salted Caramel Ice Cream

**Vanilla Cheesecake**  
with Summer Berry Compote

**Orange Crème Brûlée** (Ve)  
with Shortbread

**Selection of Ice Cream**  
Choice of Vanilla, Strawberry or Chocolate

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*Two Courses*  
**£34.95**

*Three Courses*  
**£38.95**

If you have any dietary requirements, please advise your server.  
We cannot 100% guarantee that any dish is allergen free. As your safety is our primary concern, if you have any allergies we request that you think carefully before placing your order. Allergies are life threatening.