



Fredricks
AT MACHYNYS



Mothers Day Lunch – Sunday 19th March, 2023

Complimentary glass of bubbly on arrival

Starters

Homemade Soup (Vg) with sourdough bread

Retro Prawn Cocktail

Baked Goats Cheese Salad (V) With dried apricots on a bed of quinoa, cherry vine tomatoes, walnut halves and Fredricks dressing

Hummus/Tahini (V/Vg) Served Lebanese style, small spicy potatoes with a mixture of crushed spices and lemon juice

Main Meal

Fredricks homemade nut roast with gluten free and vegan gravy (v)

Oven roasted cod fillet with prawn and dill veloute' sauce.

Pot roasted silverside beef (£2.00 Supplement)

Slow cooked pork griskin.

Roasted turkey breast.

All main dishes are served with roast potatoes, honey glazed parsnips, seasonal veg, Yorkshire pudding, stuffing and gravy.

Desserts

Chocolate & hazelnut brownie with salted caramel ice cream.

Orange crème brulee with Machynys honey shortbread.

Baked vanilla cheesecake with a cinnamon fresh berry compote.

A selection of Carmarthenshire Mario's ice cream or sorbets.

A choice of vanilla, strawberry, chocolate, raspberry, mango or dairy free ice cream.

Two Courses £25.95

(Starter and Main)

Three Courses £29.95

(Starter, Main and dessert)

**** Please advise your server if you have any dietary requirements.**