



Fredricks
AT MACHYNYS

BREAKFAST

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CONTINENTAL

Warm croissant, butter, jam & marmalade £2.40


Toast – white/granary, butter, jam & marmalade £2.40 

A selection of 2 Danish pastries £4.20

BREAKFAST

English breakfast – thick cut or streaky bacon, sausage, beans, tomatoes, mushroom, hash brown, black pudding, choice of free range egg and a slice of toast £10.00

Machynys breakfast – Diced avocado & tomato on toast, poached free range eggs and Glamorgan sausage £8.70 


Vegan breakfast – Vegan sausages, hash brown, baked beans, mushroom & tomatoes £8.70 

Eggs benedict – Poached free range eggs, streaky bacon, hollandaise sauce £8.90


Machynys pancakes – Streaky bacon, free range scrambled eggs & Machynys pure honey £8.40

Smoked kipper & scrambled free range egg on toast £8.90

Omelette – Bacon, cheddar cheese, mushroom, or tomato (two fillings of your choice). Served with mixed salad £9.45

Free range eggs on toast – you decide – fried, poached or scrambled £6.30 

Machynys granola – topped with fruit compôte, yoghurt & Machynys pure honey £5.20 

Vegan Machynys granola – with oat milk & fruit compôte £5.20 

Pancakes – fruit compôte, yoghurt, Machynys pure honey £5.60

BAPS

Bacon Bap – 2 slices of thick cut or streaky bacon £5.95

Sausage Bap – 2 pork sausages £5.95

Free Range Fried Egg Bap £5.20 

No items can be substituted on the breakfasts
Sides can be added from £1.00

If you have any dietary requirements, please speak with a member of the team.

 Vegetarian Dish

 Vegan Dish

Breakfast served between
7am and 11am