



### **Nibbles**

Selection of breads, oils and balsamic glaze £5.25 (V)

Penclawdd Crispy cockles £5.95

Tahini Hummus with crispy flat bread £5.75

Battered Whitebait with lemon mayo £5.95

### **Starters**

Terrine du jour, winter spiced chutney, toast £6.25

Duo of Beetroot & Tahini Hummus with crispy flatbreads £5.75 (V)

Homemade root vegetable soup, truffle butter & freshly baked bread £5.50 (V)

Swansea smoked salmon on toasted brioche, lemon & Dill dressing £6.95

Chinese style confit duck bonbons & Hoisin drizzle on leaves £6.75

### **Mains**

Gower gold beer battered fish and chips, minted mushy peas £14.95

Welsh beef lasagne, garlic bread £14.95

Pan fried cod loin, wilted savoy, layonnaise potatoes, Pernod creamy sauce £17.95

Leek and pork sausages with Welsh cheese creamed potato, sautéed cabbage, red onion gravy £13.45

Squash, cranberry, red onion tagine with couscous and minted potatoes (V) £13.95

Mediterranean vegetable lasagne, garlic bread (V) £14.95

Roasted Turkey paupiette, thyme roast potatoes with trimmings & onion gravy £16.95

Mushroom & Chestnut Wellington, thyme roast potatoes with trimmings & onion gravy (V) £16.95

Confit duck bonbons & bean sprout salad, hoisin reduction £14.95

Poached Salmon fillet salad £14.95

### **Burgers & Grills**

Chargrilled Welsh beef burger with Machynys Coleslaw and home cooked chips £13.95

Roasted turkey burger with Machynys Coleslaw and home cooked chips £13.95

Beetroot, butternut squash & spinach burger with Machynys Coleslaw and home cooked chips (V) £12.95

10oz Welsh Sirloin steak, roasted vine tomatoes, home cooked chips, peppercorn sauce £24.95

8oz Welsh Fillet steak, roasted vine tomatoes, home cooked chips, peppercorn sauce £28.95

(all grills come with 1 side dish of your choice)

### **Omelettes** (available until 5pm)

Bacon, cheddar cheese, mushroom, or tomato (2 fillings of your choice)

Served with mixed salad £7.50

### **Sandwiches** (available until 5pm)

Bacon or Sausage bap £4.25

Turkey & cranberry mayo £5.95

Smoked salmon, dill mayo & leaves £6.95

Welsh cheddar and leek toasted rarebit £5.95 (V)

Pea & Mint Falafel & beetroot hummus wrap £6.45 (V)

Served on white or brown Bloomer bread with crisps and Machynys Coleslaw.

### **Sides**

Home cooked chips £3.50

Truffle & parmesan shavings home cooked chips £4.50

Sweet potato fries £3.50

Garlic bread £3.00

Mixed salad £2.95

Sautéed cabbage & roasted Pine-nuts £3.50

Braised Machynys honey Chantenay carrots £3.50

### **Desserts**

Nutty chocolate brownie with vanilla ice cream £5.95

Baked vanilla cheesecake, winter spiced compote £5.95

Christmas pudding & boozy brandy sauce £5.95

Espresso martini crème brulee, shortbread biscuit £5.95

Sticky toffee pudding, butterscotch sauce, vanilla ice cream £5.95

Gin & tonic sorbet, homemade lime syrup, candied lemon £5.95

Selection of Carmarthenshire Mario's ice-creams and sorbets £4.95

Please choose from Vanilla, Strawberry, Chocolate, Raspberry, Mango sorbet or Dairy free ice cream with a choice of Chocolate, Butterscotch or Raspberry sauce.

Selection of Welsh cheeses served with homemade winter chutney £8.95

*[Black bomber, Perl wen, Perl las]*